

A Message from the President

Board News

Hello from sunny QLD! I hope you have all been well and keeping busy as we very quickly approach the silly season. I would like to provide you with an update on some of the recent activities of the Board.

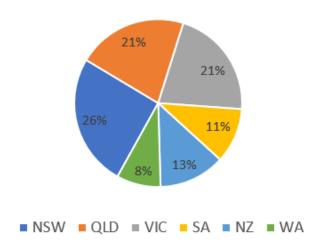
For the latest bi-monthly Board meeting, we were fortunate to meet face to face in Brisbane. Meeting with all the directors in one room has been extremely productive! We have had a busy couple of days working through the director's portfolios and planning for the future.

The board has reviewed some upcoming grants for release in the next month, as well as putting together some ideas for future virtual workshops. The board has also reviewed and ratified the ACCP Accreditation Framework.



ANZSRS's Public Liability Insurance is due for renewal in December. As a part of this process, we review the numbers of ANZSRS volunteers contributing to the running of the society- from board members, regional chairs, committees and working groups.

We currently have around 47 members that volunteer in these roles from various states! Please see the breakdown of volunteers by state below.



Of note some members work in multiple positions and committees! Thank you to the members who give up significant amounts of their time to help to keep the society alive & thriving, your efforts are greatly appreciated!

If you think of something you might like to hear more about in our next newsletter, please don't hesitate to reach out to me. I look forward to updating you again in the next newsletter.

Grace Madden

Director, Communications
President (president@anzsrs.org.au)

Upcoming Education CRFS Tutorials & Exam

The October CRFS is fast approaching on the 27th of October and registrations for this exam close 13th of October (this week!).

CRFS coordinator Kevin Ellyett will once again be running a virtual tutorial session. The tutorials will take the form of a Q&A session with **questions to be submitted no later than the Friday the 13th** (i.e. 7 days prior to tutorial). These sessions are open to all ANZSRS members. The utility of the session will purely be based on the submission of these **questions from registered exam candidates only** so please send these to: crfs@anzsrs.org.au.

CRFS Q&A Session:

Date/Time: **Oct 20, 2023** 2pm – 4pm NZ time (12pm AEDT, 11:30am ACDT, 10:30am ACST and 09am AWST).

Join Zoom Meeting

https://us02web.zoom.us/j/84977436946?pwd=MkdNeFEzdUphWm9gcFJGQ1NTb3FnQT09

Meeting ID: 849 7743 6946 Passcode: 779368

Previous CRFS tutorials can be accessed on the ANZSRS website here.

Abstract Writing Tutorial

An exciting workshop with Dr John Brannan!

If you are working on an abstract for the 2024 TSANZSRS, this workshop is for you! The event is for all members, new and experienced, and will focus how to write a good abstract along with some tips for presenting your work. Dr John Brannan comes with a wealth of experience with many publications under his name, so this opportunity is not to be missed. The Board would like to express our thanks to Dr Brannan for volunteering his time for this workshop

How to write an abstract and poster/oral presentation tips:

Date: Wednesday 11 October

Time: 3pm – 4pm AEDT

(QLD: 2pm – 3pm, SA: 2:30pm – 3:30pm, NT: 1:30pm – 2:30pm, WA: 12pm – 1pm, NZ: 5pm – 6pm)

Link to meeting:

https://us02web.zoom.us/j/89143625884?pwd=dysrYWFQSjhSaEZDLzJCdE5rSHdLZz09

Telehealth Spirometry Working Group

Thank you to the ANZSRS Telehealth Spirometry Working group members

In March 2022, a need for remote spirometry services was identified. Following further discussion, the TSANZ & ANZSRS established a new Telehealth Spirometry Working Party and the Board elected the following ANZSRS members to join the joint group.

Brendon Kennedy Jay Flack
Mahesh Dharmakumara Jenny House
Jamie McBride Jodie Bell

The group have been working steadily away to put together an application to change existing MBS Item number 11512 so that it can allow for spirometry performed via telehealth as well as face-toface. The outcome of this application is still pending, however the ANZSRS members involved have put in considerable effort. On behalf of the ANZSRS Board and members, we would like to formally recognise these members for this contribution and say thank you!

Regional Chairs & Branch Meetings

The regions have been busy with lots of activity throughout the states **Upcoming Meetings:**

- NSW/ACT Trivia night Friday 13th October
- QLD November Branch Meeting 25th October
- Vic/Tas Christmas meeting TBA

Past Meeting:

- QLD August Branch meeting Dr. Hervey Lau "To infinity and Beyond: A Very Short Primer on the Lungs in Microgravity" & Jessica Stewart and Ewan Grobbelaar Irukandji Syndrome (latest meeting recording is up on the website 'regional news – branch presentations').
- SA/NT September Branch Meeting- Dr Aeneas Yeo "Mechanisms of Hypoxaemia and Acid-Base Balance (CRFS tutorial)"
- WA September Branch Meeting -Michael Beaven, Zoe Frieslich and Dr John McLachlan "A case presentation on lactate accumulation during exercise"

Want to know more about past or future Branch meetings? Get in touch with your regional chair: https://www.anzsrs.org.au/about/regions

Society News

Another excellent ANZSRS Library Corner for September 2023 was curated by Debbie Zagami, Gold Coast University Hospital. Check it out on the website



- We recently put out an EOI for the role of Webmaster and we are pleased to welcome to our newest team-member, Alcira Carballo! Alcira is based in the Mater Hospital in Brisbane.
- Congratulations to those members who attended and presented at the most recent ERS in Milan, Italy.





Liz Smith and Karl Sylvester chairing a physiology session

Reminders

Mark the calendars with the important dates below

- A call for nominations to join the ANZSRS Board of directors to fill one vacancy close Friday 13th October.
- 2024 TSANZSRS Annual Scientific Meeting Gold Coast Convention Centre, 22nd-26th March
 2024. Abstracts close on the 19th October 2023. More important dates can be found here
- 2024 Education Hub Save the date for the joint TSANZ & ANZSRS Education Hub. The
 event will be held in Melbourne, 11th-12th October 2024. Any members interested in
 joining the LOC should email education@anzsrs.org.au

Available Grants

Log on to the Member's Portal for more info on the below grants that are NOW OPEN:

- Advanced Education Grants
 - o Application closing date is 5:00pm AUS EST Friday 27-Oct-2023
- Jeff Pretto Memorial Research Grant
 - o Application closing date is 5:00pm AUS EST Friday 24-Nov-2023
- Annual Scientific Meeting Grants
 - o Application closing date is 5:00pm AUS EST Friday 24-Nov-2023

Research and Surveys

Cardiopulmonary Exercise Testing Research

See the below correspondence from PhD Candidate Kate Durry:

"Hello, my name is Kate Drury, I'm a cardiopulmonary exercise physiologist and researcher. I hold an academic appointment in the School of Health Science at the University of New South Wales and am currently undertaking my PhD in clinical physiology at Western Sydney University and Campbelltown Hospital.

The aim of my PhD is to understand sex differences in ventilation during exercise, with a particular focus on heart failure. Part of establishing my methods is understanding current CPET practices, protocols used, personnel, limitations, etc. This is where I need your help! Study 1 is a review of how CPET is conducted across Australia. We are seeking clinicians to tell us about how CPET happens at their site. It's a short online survey, no more than 10 minutes to complete, only one person per site is required. By getting a more global picture of how CPET is conducted in Australia, we can see if there are shared processes or difficulties, plus room to potentially improve how patients experience testing. Once the study is complete and published, we are more than happy to provide the deidentified results. You can undertake the survey here.

Please reach out if you have any questions regarding this research. Thank you in advance for helping out! E: k.drury@unsw.edu.au"

Metered Dose Inhaler (MDI) Survey

The ANZSRS has partnered with the Division of Planetary Health at Monash University to conduct a study on the use of inhalers within respiratory laboratories. All TSANZ accredited laboratories were invited to participate, and this research will assess and identify opportunities to reduce wastage of MDIs and reduce healthcare's carbon footprint.

The survey closes on 13th of October and if you have any questions about the survey, please contact policy@anzsrs.org.au